

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and

Spring GOLD Menu 2018



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 01-Jan 22-Jan 19-Feb 12-Mar	Main	Hotdogs with Tomato Sauce with Jacket Wedges	Macaroni Pastichio (made with organic mince beef)	Roast Chicken with Stuffing and Roast Potatoes and Gravy	Organic Beef Cottage Pie	MSC Breaded Fish with Chips & Tomato Sauce
	Vegetarian	Quorn Hotdogs with Jacket Wedges Jacket Potato with Cheese/Beans	Vegetable Soup with filled baguette Jacket Potato with Cheese/Beans	Quorn Fillet With Roast Potatoes and Gravy Jacket Potato with Cheese/Beans	Macaroni Cheese with Garlic Bread Jacket Potato with Cheese/Beans	Vegetable Fajitas with Chips Jacket Potato with cheese
	Dessert	Shortbread Yoghurt Fruit platter	Apple and Mixed Berry Crumble & Custard Yoghurt Fruit Chunks	flapjack Yoghurt Fruit Pieces	Pineapple Upside Down Cake with Custard Yoghurt Fruit Platter	Pear Muffin Yoghurt Fruit Salad
		Peas / Sweetcorn	Peas / Cauliflower	Carrots / Broccoli	Sweetcorn / Green Beans	Baked Beans / Garden Peas
Week 2 08-Jan 29-Jan 26-Feb 19-Mar	Main	Beef Meatballs in Tomato Sauce with Rice	Chicken and Red Pepper Pizza with Potato Wedges	Roast Turkey with Roast Potatoes & Gravy	Organic Beef Mince Pasta Bolognaise	MSC Battered Fish with Chips & Tomato Sauce
	Vegetarian	Vegetable Pasta Bake Jacket Potato Cheese/Beans	Tomato Soup with filled Baguette Jacket Potato Cheese/Beans	Quorn Fillet with Roast Potatoes Jacket Potato Cheese/Beans	Quorn Mince Pasta Bolognaise Jacket Potato Cheese/Beans	Cheese & Pepper Whirl with chips Jacket Potato Cheese/Beans
	Dessert	Pear Crumble and Custard Yoghurt Fruit Platter	Lemon Drizzle Cake Yoghurt Fruit Chunks	Chocolate Cookie Yoghurt Fruit Pieces	Apple & Berry Strudel with Custard Yoghurt Fruit Platter	Chocolate and Orange Brownie Yoghurt Fruit salad
		Peas / Sweetcorn	Carrots / Peas	Broccoli / Sliced Carrots	Cauliflower / Sweetcorn	Baked Beans / Garden Peas
 Week 3 15-Jan 05-Feb 05-Mar 26-Mar	Main	Beef Burger in a Bun with Jacket wedges	Chicken Tikka & rice	Roast Pork with Roast Potatoes and Gravy	Beef Tortilla Stack with Garlic Slice	MSC Fish Fingers with Chips & Tomato Sauce
	Vegetarian	Vegetarian Burger with Jacket Wedges Jacket Potato Cheese Beans	Vegetable Soup with filled Baguette Jacket Potato Cheese / Beans	Quorn Fillet with Roast Potatoes Jacket Potato Cheese / Beans	Macaroni Cheese with Garlic Slice Jacket Potato Cheese / Beans	Vegetarian Sausage with Chips Jacket Potato Cheese / Beans
	Dessert	Carrot Cake with Custard Yoghurt Fruit Platter	Chocolate Crunch with Chocolate Custard Yoghurt Fruit Chunks	Jelly with a Side of Mandarins Yoghurt Fruit Pieces	Banana Cake & Custard Yoghurt Fruit Platter	Lemon & Cucumber Cake Yoghurt Fruit Salad
		Peas / Sweetcorn	Carrots / Green Beans	Peas / Broccoli	Carrots / Sweetcorn	Baked Beans / Garden Peas