

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Autumn menu 2018 Park

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 3/9/18 24/9/18 15/10/18 12/11/18 3/12/18	Main	Cheese & Tomato Pizza	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Curry with Rice	MSC Fish fingers with Chips
	Vegetarian	Vegetable Hotpot	Vegetable Fajita with Rice	Quorn Roast with Roast Potatoes and Gravy	Macaroni Cheese with Garlic Slice	Vegetable pasty with Chips
	Jacket Potato	Jacket Potato with Tuna mayo	Tomato Soup with ½ Filled Baguette Cheese or Tuna mayo	Jacket Potato with Beans/cheese	Vegetable Soup with ½ Filled Baguette Cheese or Ham	Jacket Potato with Cheese
	Dessert	Sweetcorn Peas Apple Crumble & Custard Yoghurt Fresh Fruit Platter	Green Beans Carrots Chocolate Cocoa Cookie Yoghurt Fresh Fruit Salad	Carrot Cauliflower Chocolate banana Oaty Square Yoghurt Fresh Fruit Platter	Sweet corn Broccoli Fruit Strudel with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 2 10/9/18 1/10/18 29/10/18 19/11/18 10/12/18	Main	Cheese & Tomato Pizza	Sausages & Mash with Gravy	Roast Chicken with Stuffing Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Breaded Fish with Chips
	Vegetarian	Lentil & Sweet Potato Curry with Rice	Quorn Mince Bolognaise with Spaghetti	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable lasagne with Garlic Slice	Cheese & Tomato Quiche with Chips
	Jacket Potato	Jacket Potato with Tuna mayo	Tomato Soup with ½ Filled Baguette Cheese or Tuna mayo	Jacket Potato with beans/cheese	Vegetable Soup with ½ Filled Baguette Cheese or Ham	Jacket Potato with Cheese
	Dessert	Coleslaw Sweet corn Fruit Sponge with Custard Yoghurt Fresh Fruit Platter	Peas Carrots Flapjack Yoghurt Fresh Fruit Chunks	Seasonal vegetables Shortbread Yoghurt Fresh Fruit Salad	Green Beans Carrots Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
Week 3 17/9/18 8/10/18 5/11/18 26/11/18 17/12/18	Main	Cheese & Tomato Pizza	Chicken & Broccoli Pasta Bake	Roast Pork Roast Potatoes and Gravy	Meatballs with Rice	MSC Battered Fish with Chips
	Vegetarian	Five Bean Chilli with Rice	Vegetable Frittata	Vegetable Wellington with Roast Potatoes and Gravy	Shepherdess Pie	Bean Burger with Chips
	Jacket Potato	Jacket Potato with Tuna mayo	Tomato Soup with ½ Filled Baguette Cheese or Tuna mayo	Jacket Potato with Beans /cheese	Vegetable Soup with ½ Filled baguette Cheese or Ham	Jacket Potato with Cheese
	Dessert	Sweet corn Mixed Salad Pear & Ginger Sponge Yoghurt Fresh Fruit Platter	Green Beans Carrots Rice Pudding Yoghurt Fresh Fruit Salad	Savoy Cabbage Sweetcorn Chocolate Brownie Yoghurt Fresh Fruit Chunks	Broccoli Carrots Banana Cake with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station